FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
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STATEMENT	OF	CHANGES	IN BEI	NEFICIAL	OWNERS	HIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Heidman Melissa				2. Issuer Name and Ticker or Trading Symbol NOODLES & Co [NDLS]									eck all app Direc	tionship of Reporti all applicable) Director Officer (give title		rson(s) to Is 10% O Other (wner		
(Last) 520 ZAN	(Fir	st) (N Γ, SUITE D	⁄liddle)			3. Date of Earliest Transaction (Month/Day/Year) 02/16/2021							below			below)	specify		
(Street) BROOM (City)	IFIELD CO		0021 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	e) <mark>X</mark> Form Form	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Tra			2. Transac	2A. Deemed Execution Date,		ed Date,	3. 4. Securiti Transaction Disposed Code (Instr. 5)		ties Acquired (A		A) or	5. Amo Securit	ities Fo icially (D d Following (I)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) (D)	or F	Price	Transaction(s) (Instr. 3 and 4)				
Restricted Stock Units 02			02/16/	2021			S ⁽¹⁾		24	D		\$10	18	18,750		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	perivative Conversion Date Execution Date, cecurity or Exercise (Month/Day/Year) if any		n Date,	4. Transaction Code (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		vative irities ired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		str.	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Ownershij Form: Direct (D) or Indirect (I) (Instr. 4	Ownership Form:	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	of Shar	es					

Explanation of Responses:

1. These shares were sold in compliance with a trading plan adopted by the reporting person pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended

Remarks:

/s/ Kathryn Lockhart, attorney in fact

** Signature of Reporting Person Date

02/18/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.