FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person\* Mill Road Capital III GP LLC

328 PEMBERWICK ROAD

(First)

(Middle)

(Last)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 OMB Number: Estimated average burden 0.5 hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Name and Address of Reporting Person*  Mill Pood Conital III. I. P.				2. Iss	or Section 30(h) of the Investment Company Act of 1940  2. Issuer Name and Ticker or Trading Symbol NOODLES & Co NDLS  To Note the Investment Company Act of 1940  5. Relationship of Reporting Person(s) to Issuer (Check all applicable)													Issuer			
Mill Road Capital III, L.P.  (Last) (First) (Middle)				3. Da	3. Date of Earliest Transaction (Month/Day/Year) 05/22/2023										Director X 10% Owner Officer (give title Other (specify below)						
328 PEMBERWICK ROAD				4. If /	4. If Amendment, Date of Original Filed (Month/Day/Year)											6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) GREEN	Street) GREENWICH CT 06831					Form filed by One Reporting Person  X Form filed by More than One Reporting Person															
(City)	(S	(State) (Zip)			$  _{\Box}$	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										nded to					
		Tabl	e I - No	n-Deriv	ative	Sec	uriti	es Ac	quire	d, D	)isp	osed (	of, or B	enefi	ciall	y Owne	d				
1. Title of Security (Instr. 3)  2. Transar Date (Month/Date				Exe ny/Year) if ar		A. Deemed kecution Date, any lonth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				s Illy ollowing	Form:	nership Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	: \	/	Amount	(A) (D)	r Pr	ice	Transacti (Instr. 3 a	tion(s)			(Instr. 4)	
			05/22					X	_		12,90			57.5		472,243		O <sup>(1)</sup>			
Class A Common Stock, \$0.01 par value 05 Class A Common Stock, \$0.01 par value			05/23	/2023	2023			X			18,80	00 A	1	<b>57.5</b>	1,491,043 4,699,148				See footnote <sup>(2)</sup>		
Class A Common Stock, \$0.01 par value													+		22,386		I		See footnote <sup>(3)</sup>		
		Ta	able II -													Owned				Toothote	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I	med	4. Transac Code (li 8)	tion	5. Num of Deriv Secu Acqu (A) o Disp of (D	vative urities uired or osed ) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)			10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa	able	Ex Da	piration	Title	Amo or Num of Shar	ber						
Put Option (obligation to buy)	\$7.5	05/22/2023			х			129	(4)		11	/17/2023	Class A Common Stock	12,9	900	\$0.00 2,718		B D <sup>(1)</sup>			
Put Option (obligation to buy)	\$7.5	05/23/2023			X			21	(5)		10	/20/2023	Class A Common Stock	2,1	00	\$0.00	0	D <sup>(1)</sup>			
Put Option (obligation to buy)	\$7.5	05/23/2023			X			167	(4)		11	/17/2023	Class A Common Stock	16,7	700	\$0.00	2,551		D <sup>(1)</sup>		
		f Reporting Person* al III, L.P.																			
(Last) 328 PEM	MBERWIC	(First)	(Mid	ddle)																	
(Street)	WICH	СТ	068	331																	
(City)		(State)	(Zip	0)		_															

CT	06831			
(State)	(Zip)			
(Last) (First) 328 PEMBERWICK ROAD				
CT	06831			
(State)	(Zip)			
(First) CK ROAD	(Middle)			
СТ	06831			
(State)	(Zip)			
(First) CK ROAD	(Middle)			
CT	06831			
	of Reporting Person* ital II, L.P.  (First)  CK ROAD  CT  (State)  of Reporting Person* ital II GP LLC  (First)  CK ROAD  CT  (State)  of Reporting Person* MAS E  (First)  CK ROAD			

## **Explanation of Responses:**

- 1. The shares reported are directly held by Mill Road Capital III, L.P. ("Fund III"). Mr. Lynch is a management committee director of Mill Road Capital III GP LLC, which is the sole general partner of Fund III and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of Fund III. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- 2. The shares reported are directly held by Mill Road Capital II, L.P. ("Fund II"). Mr. Lynch is a management committee director of Mill Road Capital II GP LLC, which is the sole general partner of Fund II and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of Fund II. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- 3. Represents restricted stock units (or shares issued upon the vesting thereof) granted by the issuer as director compensation, in which the Reporting Persons may have an indirect pecuniary interest. Mill Road Capital Management, LLC, an affiliate of the Reporting Persons that does not have Section 13(d) beneficial ownership of any securities of the issuer, has the right to receive the economic benefit of the reported shares pursuant to a contractual obligation with the holder of such shares. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- $4. \ Each put option became exercisable on the date purchased, which dates range from 03/09/2023 to 04/25/2023.$
- $5.\ Each\ put\ option\ became\ exercisable\ on\ the\ date\ purchased,\ which\ dates\ range\ from\ 03/13/2023\ to\ 03/14/2023.$

## Remarks:

/s/ Justin C. Jacobs, Management Committee Director of sole general partner 05/24/2023 on behalf of Mill Road Capital III, L.P. /s/ Justin C. Jacobs, Management Committee 05/24/2023 Director on behalf of Mill Road Capital III GP LLC /s/ Justin C. Jacobs, Management Committee Director of sole general partner 05/24/2023 on behalf of Mill Road Capital <u>II, L.P.</u> /s/ Justin C. Jacobs, Management Committee 05/24/2023 Director on behalf of Mill Road Capital II GP LLC /s/ Justin C. Jacobs on behalf of Thomas E. Lynch by power 05/24/2023 <u>of attorney</u>

Date

\*\* Signature of Reporting Person

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.