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FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL				
MB Number:	3235-02			

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5. Relationship of Reporting Person(s) to Issuer

OMB Number:	3235-0287
OMB Number: Estimated average burde hours per response:	en
hours per response.	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

		Reporting Person <sup>*</sup> al III, L.P.						. Issuer Name <b>and</b> Ticker or Trading Symbol NOODLES & Co [ NDLS ]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X 10% Owner				
(Last)	st) (First) (Middle)			b. Date of Earliest Transaction (Month/Day/Year) 18/28/2023							Officer below)	(give title		Other below)	(specify			
328 PEN	328 PEMBERWICK ROAD 4. If A				. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) GREEN	eet) REENWICH CT 06831									:	Form filed by One Reporting Person X Form filed by More than One Reporting Person							
(Citu)	(5	tata)	(7in)			ule	10b	5-1(c)	) Trans	sact	ion Ind	lication						
(City)	(3	tate)	(Zip)									nade pursua (c). See Instru		act, instructio	n or written	n plan tha	at is intende	d to satisfy
		Tal	ole I - No	n-Deri	ivativ	e Se	ecuri	ties Ad	cquired	, Dis	posed o	of, or Be	neficiall	y Owned				
1. Title of	Security (Ins	tr. 3)		2. Trans Date (Month/		ar)   E	f any	med on Date, Day/Yea	3. Transa Code (I 8)		4. Securit Disposed	ies Acquired Of (D) (Insti	I (A) or . 3, 4 and 5	) or 4 and 5) Securities Beneficially Owned Following (D) or Indirect (D) or Indirect (D) or Indirect (D) or Indirect			7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a				. ,
Class A G	Common St	ock, \$0.01 par v	alue	08/28	8/2023	3			x		142,10	00 A	\$5	1,649	,743	I	<b>D</b> <sup>(1)</sup>	
Class A G	Common St	ock, \$0.01 par v	alue	08/29	9/2023	3			x		2,200	) A	\$5	1,651	,943	I	<b>D</b> <sup>(1)</sup>	
Class A (	Common St	ock, \$0.01 par v	alue											4,699	),148			See footnote <sup>(2)</sup>
Class A G	Common St	ock, \$0.01 par v	alue	08/28	8/2023	3			J		29,569	9 A	\$2.79	2.79 51,955				See footnote <sup>(3)</sup>
			Table II -									, or Ben		Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	ed Date,	4. Transa Code ( 8)	ction	5. N of Deri Sec Acq (A) 0 Disp of (I	umber vative urities uired or oosed 0) tr. 3, 4	ts, options, convertible secu 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and of Securitie Underlying Derivative S (Instr. 3 and		Amount s Security	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	ve es ally Ig d tion(s)	10. Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownershi t (Instr. 4)		
					Code	.,						I	Amount					
Put Option (obligation to buy)					Coue	v	(A)	(D)	Date Exercisab		xpiration ate		or Number of Shares					
	\$5	08/28/2023			X	V	(A)	<b>(D)</b> 131		le D			Number	\$0.00	30	,	D <sup>(1)</sup>	
Put Option (obligation to buy)	\$5 \$5	08/28/2023 08/28/2023					(A)		Exercisab	le D	ate	Title Class A Common Stock	Number of Shares	\$0.00 \$0.00	30 3,58		D <sup>(1)</sup>	
Put Option					x		(A)	131	(4)	le D	0/20/2023	TitleClass A Common StockClass A Common	Number of Shares 13,100			38		
Put Option (obligation to buy) Put Option (obligation to buy) 1. Name at	\$5 \$5 nd Address of	08/28/2023			x x		(A)	131 1,290	(4) (4)	le D	ate 0/20/2023 1/17/2023	TitleClass A CommonClass A CommonClass A Common	Number of Shares 13,100 129,000	\$0.00	3,58	38	D <sup>(1)</sup>	
Put Option (obligation to buy) Put Option (obligation to buy) 1. Name at <u>Mill R(</u> (Last)	\$5 \$5 nd Address of	08/28/2023 08/29/2023 Reporting Person al III, L.P. (First)	(Mid	dle)	x x		(A)	131 1,290	(4) (4)	le D	ate 0/20/2023 1/17/2023	TitleClass A CommonClass A CommonClass A Common	Number of Shares 13,100 129,000	\$0.00	3,58	38	D <sup>(1)</sup>	
Put Option (obligation to buy) Put Option (obligation to buy) 1. Name at Mill Ro (Last)	\$5 \$5 ad Address of bad Capit	08/28/2023 08/29/2023 Reporting Person al III, L.P. (First)		·	x x			131 1,290	(4) (4)	le D	ate 0/20/2023 1/17/2023	TitleClass A CommonClass A CommonClass A Common	Number of Shares 13,100 129,000	\$0.00	3,58	38	D <sup>(1)</sup>	
Put Option (obligation to buy) Put Option (obligation to buy) 1. Name at <u>Mill R(</u> (Last) 328 PEN (Street)	\$5 \$5 ad Address of bad Capit	08/28/2023 08/29/2023 Reporting Person <sup>*</sup> al III, L.P. (First) & ROAD	(Mid	31	x x			131 1,290	(4) (4)	le D	ate 0/20/2023 1/17/2023	TitleClass A CommonClass A CommonClass A Common	Number of Shares 13,100 129,000	\$0.00	3,58	38	D <sup>(1)</sup>	

(Street)

(Middle)

GREENWICH	СТ	06831				
(City)	(State)	(Zip)				
1. Name and Address Mill Road Capi						
(Last) 328 PEMBERWIC	(First) K ROAD	(Middle)				
(Street) GREENWICH	СТ	06831				
(City)	(State)	(Zip)				
1. Name and Address ( <u>Mill Road Capi</u> (Last) 328 PEMBERWIC	tal II GP LLC (First)	(Middle)				
(Street) GREENWICH		06831				
(City)	(State)	(Zip)				
1. Name and Address of Reporting Person* <u>LYNCH THOMAS E</u>						
(Last) 328 PEMBERWIC	(First) K ROAD	(Middle)				
(Street) GREENWICH	СТ	06831				
(City)	(State)	(Zip)				

#### Explanation of Responses:

1. The shares reported are directly held by Mill Road Capital III, L.P. ("Fund III"). Mr. Lynch is a management committee director of Mill Road Capital III GP LLC, which is the sole general partner of Fund III and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of Fund III. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.

2. The shares reported are directly held by Mill Road Capital II, L.P. ("Fund II"). Mr. Lynch is a management committee director of Mill Road Capital II GP LLC, which is the sole general partner of Fund II and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of Fund II. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.

3. Represents restricted stock units (or shares issued upon the vesting thereof) granted by the issuer as director compensation, in which the Reporting Persons may have an indirect pecuniary interest. Mill Road Capital Management, LLC, an affiliate of the Reporting Persons that does not have Section 13(d) beneficial ownership of any securities of the issuer, has the right to receive the economic benefit of the reported shares pursuant to a contractual obligation with the holder of such shares. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.

4. Each put option became exercisable on the date purchased, which dates range from 03/09/2023 to 03/13/2023.

#### Remarks:

/s/ Justin C. Jacobs, <u>Management Committee</u> Director of sole general partner 08/30/2023 on behalf of Mill Road Capital III, L.P.

/s/ Justin C. Jacobs,

Management Committee Director on behalf of Mill Road Capital III GP LLC

/s/ Justin C. Jacobs,

 Management Committee

 Director of sole general partner
 08/30/2023

 on behalf of Mill Road Capital
 08/30/2023

### <u>II, L.P.</u>

/s/ Justin C. Jacobs,

Management Committee Director on behalf of Mill Road

# Capital II GP LLC

/s/ Justin C. Jacobs on behalf of Thomas E. Lynch by power of 08/30/2023 attorney

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.