FORM 4

Check this box if no longer subject

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
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Estimated average burden											
hours per response	0.5										

to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

Name and Address of Reporting Person*     Heidman Melissa					2. Issuer Name and Ticker or Trading Symbol NOODLES & Co [ NDLS ]								(Chec	ationship of Reportir c all applicable) Director Officer (give title		ng Person(s) to Is 10% Ov Other (s		vner		
(Last) 520 ZAN	(Fir	rst) (N Γ, SUITE D	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/12/2023									X	below)		below) neral Counsel		<b>Бреспу</b>	
(Street) BROOMFIELD CO 80021 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or B	enef	ficially	/ Own	ed				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					Execution Date,		Transaction D		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Secur Benef		cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amount	(A) c	Pr Pr	rice	Transa	ransaction(s) Instr. 3 and 4)			(5 4)			
Class A Common Stock 01/12/2					2023			<b>S</b> <sup>(1)</sup>		3,231	D	\$	6.16(2)	82	2,677	D				
Class A Common Stock 01/13/2				2023				<b>S</b> <sup>(1)</sup>		6,259	D	\$	6.19(3)	76,418		]	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transa Code ( 8)				6. Date Exercis Expiration Dat (Month/Day/Ye		ite	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Der See (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y Ov Fo Dii or (I)	D. wnership orm: irect (D) r Indirect ) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code		v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amou or Numb of Share	per						

## **Explanation of Responses:**

- 1. These shares were sold in compliance with a trading plan adopted by the reporting person pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended
- 2. The price reported is a weighted average price. The shares were purchased in multiple transactions at prices ranging from \$6.15 to \$6.17, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the range set forth in this disclosure.
- 3. The price reported is a weighted average price. The shares were purchased in multiple transactions at prices ranging from \$6.15 to \$6.26, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the range set forth in this disclosure.

## Remarks:

/s/ Kathryn Lockhart, attorney in fact

01/13/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.