FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. 20549 |
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| Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See | STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP |
|---|--|
| Instruction 1(b). | Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 |

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>Heidman Melissa</u> | | | | | | 2. Issuer Name and Ticker or Trading Symbol NOODLES & Co [NDLS] | | | | | | | | | ck all app Direc | tor | Ü | rson(s) to Is 10% O Other (| wner | |
|---|--|--|---------------------------------|------------------------------|--------------|---|--------|--|--|-----|----------|--|---|--|--|--|---|--|--|--|
| (Last) (First) (Middle) 520 ZANG STREET, SUITE D | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/24/2021 | | | | | | | | | belov | Officer (give title below) EVP & Ge | | below) | specify | |
| (Street) BROOM (City) | IFIELD CC | | 0021 Zip) | | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Inc Line) | Form | or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting erson | | | | |
| | | Table | I - Nor | า-Deriva | tive S | Secu | rities | Acq | uired, | Dis | posed of | , or E | Bene | ficial | y Own | ed | | | | |
| Date | | | 2. Transac Date (Month/Da | Exe Day/Year) if a | | A. Deemed xecution Date, any //onth/Day/Year) | | 3. 4. Securitie Transaction Disposed (5) S) 5) | | | | | 5. Amo Securit Benefic Owned Report | ies cially Following | Form (D) o | n: Direct or Indirect nstr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | | | Code | v | Amount | (A) or (D) | | Price | Transa | action(s) 3 and 4) | | | (111501.4) | |
| Class A Common Stock | | | 06/24/ | /2021 | | | | S ⁽¹⁾ | | 939 | I |) | \$1 <mark>3.5</mark> | 64 | 64,177 | | D | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | if any | med on Date, Day/Year) | Code (8) | sansaction of Derivative Securitie Acquirec (A) or Dispose of (D) (Instr. 3, and 5) | | vative irities ired r osed) r. 3, 4 | 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date | | | 7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4) | | str. Disconnection of the content o | Price of erivative ecurity 1str. 5) | 9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4) | ly | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |

Explanation of Responses:

1. These shares were sold in compliance with a trading plan adopted by the reporting person pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended

Remarks:

/s/ Kathryn Lockhart, attorney in fact

** Signature of Reporting Person

06/25/2021 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.