FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Name and Address of Reporting Person*     Hartnett Robert M.					2. Issuer Name <b>and</b> Ticker or Trading Symbol NOODLES & Co [ NDLS ]									all app	ip of Reporting Pe plicable) Director	.,	o Issuer	10% Own	
(Last) (First) (Middle) 520 ZANG STREET, SUITE D						3. Date of Earliest Transaction (Month/Day/Year) 05/14/2019									Officer (give title I	below)		Other (spe	ecify below)
(Street) BROOMFIELD Co	O tate)	80( (Zip	021		4. If Amen	If Amendment, Date of Original Filed (Month/Day/Year)								ndividual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
				2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date if any		ution Date,	3. Transaction Code (Instr. 8) 4. Securities 3, 4 and 5)				d Of (D) (Instr.	D) (Instr. 5. Amount of Securitie Beneficially Owned Fo Reported Transaction(		ollowing   Direct (D		ship Form: ) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr.		
				(monune a)	(Mor	(Month/Day/Year)		code V Amou		(A) or (D) Pr		Price	(Instr. 3 and 4)		(5)	, (		4)	
Class A Common Stock			05/14/2	05/14/2019		A		6,7	731(1)	Α	\$ <mark>0</mark>		103,337			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 2. Conversi or Exerci Price of Derivativ Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa (Instr. 8)	ction Code	Securities A	umber of Derivative urities Acquired (A) or osed of (D) (Instr. 3, 4 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Derivative S	urities Underlyin and 4)	ig	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin	ve les (	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security			Code	V (A)		(D)	Date Exercis	Date Expir Exercisable Date				Amount or Number of Sh	hares	Repor Transa		d tion(s)		

## Explanation of Responses:

1. The Reporting Person is a director of the Issuer and receives a portion of their director fee in the form of RSU's. Pursuant to this arrangement, on an annual basis, RSU's with a value equal to the fees payable, calculated using the closing price on the day of the grant, are delivered to each eligibile director. The RSU's settle in common stock on the date of grant.

EXHIBIT LIST: EX-24 Power of Attorney Robert M. Hartnett

/s/ Melissa Heidman, attorney in fact

05/16/2019

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

  \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

  Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY - SECURITIES LAW COMPLIANCE

The undersigned, being a person or entity subject to the reporting obligations of the Securities Exchange Act of 1934, as amended (the "Act"), due to or with respect The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Corpor This Limited Power of Attorney shall remain in full force and effect until the undersigned is no longer required to make any filings with respect to the undersigned This Limited Power of Attorney is executed as of the date set forth below.

/s/ Robert M. Hartnett Signature Date 5/15/19