FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

LYNCH THOMAS E

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

> > 7. Nature of Indirect Beneficial Ownership (Instr. 4)

footnote(2)

11. Nature of Indirect Beneficial Ownership (Instr. 4)

IIIStruc	don I(b).			Filed							ompany Act o		1934		<u> </u>				
1. Name and Address of Reporting Person* Mill Road Capital II, L.P. (Last) (First) (Middle) 382 GREENWICH AVENUE SUITE ONE			2. Issuer Name and Ticker or Trading Symbol NOODLES & Co [NDLS]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X 10% Owner							
				ate of 24/20		st Tran	saction	(Mont	h/Day/Year)		Officer (give title Other (specify below) below)								
(Street) GREENWICH CT 06830 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Form filed by More than One Reporting Person					
(City)	(3)			on-Deriv	l ative	Saci	ıritio	s A C	nuirec	l Die	enosed of	f or B	enefici	ially Own	ned.				
Date		2. Transact Date (Month/Day	ion	2A. E Exec if any	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		ed (A) or	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Class A	Common St	ock, \$0.01 par v	alue	09/24/2	09/24/2021				S		50,681	D	\$12.8	38 4,75	3,356	1	D ⁽¹⁾		
Class A	Class A Common Stock, \$0.01 par value		09/27/2	2021				S		3,299	D	\$12.9	98 4,750,057		D ⁽¹⁾				
Class A (Common St	ock, \$0.01 par v	alue											22	,386			See footnote ⁽	
		Та	ble II								oosed of, convertib				d			,	
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	Execution Date, if any		4. Transaction Code (Instr. 8)		of Deri Sec Acq (A) o Disp of (I	osed 0) tr. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownersh Form: Direct (D or Indire (I) (Instr.	Benefic Owners ct (Instr. 4		
					Code	v	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amount or Number of Shares						
l .		f Reporting Person	*																
(Last) 382 GRI SUITE (EENWICH ONE	(First) AVENUE	(N	fiddle)															
(Street) GREEN	WICH	СТ	06	6830															
(City)		(State)	(Z	ip)															
		f Reporting Person al II GP LLC																	
(Last) 382 GRI SUITE (EENWICH ONE	(First) AVENUE	(N	Middle)															
(Street)	WICH	СТ	06	6830															
(City)		(State)	(Z	ip)															
1. Name a	nd Address o	f Reporting Person	*																

(Last)	(First)	(Middle)						
382 GREENWICH AVENUE								
SUITE ONE								
(Street)								
GREENWICH	CT	06830						
-								
(City)	(State)	(Zip)						

Explanation of Responses:

- 1. The shares reported are directly held by Mill Road Capital II, L.P. (the "Fund"). Mill Road Capital II GP LLC (the "GP") is the sole general partner of the Fund and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of the Fund. Mr. Lynch is a management committee director of the GP and has shared authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of the GP. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest
- 2. Represents restricted stock units (or shares issued upon the vesting thereof) granted by the issuer as director compensation, in which the Reporting Persons may have an indirect pecuniary interest. Mill Road Capital Management, LLC, an affiliate of the Reporting Persons that does not have Section 13(d) beneficial ownership of any securities of the issuer, has the right to receive the economic benefit of the reported shares pursuant to a contractual obligation with the holder of such shares. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.

Remarks:

/s/<u>Thomas E. Lynch</u>, Management Committee Director of sole general 09/28/2021 partner on behalf of Mill Road

Capital II, L.P.

/s/ Thomas E. Lynch,

Management Committee 09/28/2021 Director on behalf of Mill

Road Capital II GP LLC

/s/ Thomas E. Lynch 09/28/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.