### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours ner resnonse.	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Boennighausen David James					2. Issuer Name <b>and</b> Ticker or Trading Symbol NOODLES & Co [ NDLS ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Doction	Siluascii	David sames			_										-	recto			10% Ow	·
(Last)	(F	First)	(Middle)		3. [	Date of Earliest Transaction (Month/Day/Year)										flicer elow)	(give title Other (specification)			pecity
` '	`	T, SUITE D	( 11 1)		06/28/2019 Chief Executive Of									Officer						
(Street)					4. 1	I. If Amendment, Date of Original Filed (Month/Day/Year)								6. li		l or J	oint/Group	Filing	(Check App	olicable
BROOMFIELD CO 80021															X Form filed by One Reporting Perso					ı
(City)	(5	State)	(Zip)		-											Form filed by More than One Reporting Person				
		Tal	ole I - No	n-Deriv	vativ	e Se	curities	s Acc	quired,	Dis	posed o	f, or	Ben	eficial	y Ow	ned				
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securit Disposed 5)	(A) or . 3, 4 and	Sec Bei Ow		s ally ollowing	Form	: Direct   0 Indirect   I str. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(	(A) or (D)	Price	Tra	Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)
Class A Common Stock				06/2	28/2019				A		25,380	(1)	A	\$0		98,500			D	
Class A C	Class A Common Stock			06/2	8/201	9			A		15,515	(2)	A	\$0		114,015			D	
Class A C	lass A Common Stock 06/29/				9/201	2019			F		1,031	(3)	D	\$7.8	3	112,984			D	
Class A C	Common S	tock		06/3	0/201	9			F		2,898	(3)	D	\$7.8	3	110	0,086 D			
			Table II -								osed of, onvertil				Own	ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year	3A. Deeme Execution	d Date,	4. Transaction Code (Instr. 8)		5. Number of		6. Date Ex Expiration (Month/Da	ercis	able and	7. Titl of Se Unde Deriv	7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Prio Deriva Secur (Instr.	tive ty	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		Expiration Date	Title		Amount or Number of Shares	er					
Stock Option (Right to	\$7.88	06/28/2019			A		46,832		(4)	0	06/28/2029	Class Comr	mon	46,832	\$0		46,832	2	D	

## **Explanation of Responses:**

- 1. Award of Restricted Stock Units ("RSUs") received on June 28th, 2019. Each RSU represents a right to receive one share of Noodles & Company Class A common stock. The RSUs vest in four equal annual installments beginning on June 28th, 2020.
- 2. Award of Performance Restricted Stock Units ("RSUs") received on June 28th, 2019. Each RSU represents a right to receive one share of Noodles & Company's Class A common stock. These restricted stock units are subject to performance-based vesting conditions linked to Noodles & Company's Same Store Sales and Adjusted EBITDA targets through December 31, 2021 (the "Performance Period").
- 3. Represents shares surrendered to the Issuer by the Reporting Person to pay required tax withholdings due upon vesting of Restricted Stock Units. The shares surrendered were valued based on most recent the closing price of the common stock of the Issuer on the date of surrender
- 4. These options vest in four equal annual installments beginning on June 28th, 2020.

# Remarks:

/s/ Melissa Heidman, attorney 07/05/2019 in fact

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.