FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT A		IN BENEFICIAL	OWNEDSHID
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OMB APPRO	JVAL
OMB Number:	3235-0287
Estimated average bure	den
hours per response:	0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Name and Address of Reporting Person* <u>Mill Road Capital III, L.P.</u>			2. Is:	2. Issuer Name and Ticker or Trading Symbol NOODLES & Co [ NDLS ]									Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X 10% Owner								
(Last)	(Last) (First) (Middle) 05/18/						Date of Earliest Transaction (Month/Day/Year) 5/18/2023								Officer (give title below)  Director X 10% Owner  Other (specify below)						
328 PEMBERWICK ROAD					4. If <i>i</i>	Ameı	ndmer	it, Date	of Original	Filed	i (Month/E	Day/Yea	ar)	6. I Lin	,						
(Street) GREENV	Street) GREENWICH CT 06831														Form filed by One Reporting Person  X Form filed by More than One Reporting Person						
(City) (State) (Zip)			1_	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to																	
		Tai	alo I - Ne	n Deriv		satisf	y the a	ffirmativ	e defense co	nditio	ons of Rule	10b5-1	(c). Se	e Instruc	tion 10.		- Pian				
1. Title of S	Security (In		JIE I - INC	2. Transa Date (Month/D	ction	Year) Execution Date,			3. Transaci Code (In	3. 4. Securi Transaction Disposed Code (Instr. 5)		rities Acquired (A) or ed Of (D) (Instr. 3, 4 and			5. Amount of		Form: Direct (D) or Indirect		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		A) or O)	Price	Reported Transact (Instr. 3	tion(s)			(Instr. 4)		
Class A C	ommon S	tock, \$0.01 par	value	05/18/	/2023				X		3,80	0	A	\$7.5	1,44	1,446,843		D <sup>(1)</sup>			
Class A C	ommon S	tock, \$0.01 par	value	05/19/	/2023	2023			X		12,50	00	A	\$7.5	1,459,343		D <sup>(1)</sup>				
Class A C	ommon S	tock, \$0.01 par	value												4,69	9,148		I	See footnote <sup>(2)</sup>		
Class A C	ommon S	tock, \$0.01 par	value											22,386				See footnote <sup>(3)</sup>			
			Table II						juired, D s, option						y Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		r) if any	med on Date, Day/Year)	4. Transac Code (I 8)		of Derigon Secu Acqu (A) of Disp of (D	vative urities uired or osed o) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5) Benefic Owned Followi Reporte Transac (Instr. 4		ve ies Ownersh Form: Direct (D) or Indirect (I) (Instr.		Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	0 0	mount or lumber of shares							
Put Option (obligation to buy)	\$7.5	05/18/2023			X			38	(4) 11/17/2023 C		Class Comm Stoc	on	3,800	\$0.00	2,847		D <sup>(1)</sup>				
Put Option (obligation to buy)	\$7.5	05/19/2023			X			125	(5)	10	0/20/2023	Class Comm Stoc	on 1	2,500	\$0.00	21		D <sup>(1)</sup>			
		of Reporting Perso	n*																		
(Last) 328 PEM	BERWIC	(First) CK ROAD	(M	ddle)		_															

## (Street) **GREENWICH** 06831 CT (City) (State) (Zip) 1. Name and Address of Reporting $\mathsf{Person}^*$ Mill Road Capital III GP LLC (Last) (First) (Middle) 328 PEMBERWICK ROAD (Street)

(City) (State) (Zip)  1. Name and Address of Reporting Person*  Mill Road Capital II, L.P.  (Last) (First) (Middle)  328 PEMBERWICK ROAD  (Street) GREENWICH CT 06831  (City) (State) (Zip)  1. Name and Address of Reporting Person*  Mill Road Capital II GP LLC  (Last) (First) (Middle)  328 PEMBERWICK ROAD  (Street) GREENWICH CT 06831  (City) (State) (Zip)  1. Name and Address of Reporting Person*  LYNCH THOMAS E  (Last) (First) (Middle)  328 PEMBERWICK ROAD  (Street) GREENWICH CT 06831  (Street) (State) (Zip)  (Street) (Street) (Middle)  328 PEMBERWICK ROAD	GREENWICH	CT	06831							
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GREENWICH CT 06831	328 PEMBERWIC	CK ROAD								
(City) (State) (Zip)	GREENWICH	CT	06831							
	(City)	(State)	(Zip)							

## **Explanation of Responses:**

- 1. The shares reported are directly held by Mill Road Capital III, L.P. ("Fund III"). Mr. Lynch is a management committee director of Mill Road Capital III GP LLC, which is the sole general partner of Fund III and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of Fund III. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- 2. The shares reported are directly held by Mill Road Capital II, L.P. ("Fund II"). Mr. Lynch is a management committee director of Mill Road Capital II GP LLC, which is the sole general partner of Fund II and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of Fund II. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- 3. Represents restricted stock units (or shares issued upon the vesting thereof) granted by the issuer as director compensation, in which the Reporting Persons may have an indirect pecuniary interest. Mill Road Capital Management, LLC, an affiliate of the Reporting Persons that does not have Section 13(d) beneficial ownership of any securities of the issuer, has the right to receive the economic benefit of the reported shares pursuant to a contractual obligation with the holder of such shares. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- $4. \ Each \ put \ option \ became \ exercisable \ on \ the \ date \ purchased, \ which \ dates \ range \ from \ 03/09/2023 \ to \ 04/25/2023.$
- 5. Each put option became exercisable on the date purchased, which dates range from 03/13/2023 to 03/14/2023.

## Remarks:

/s/ Justin C. Jacobs, Management Committee Director of sole general partner 05/22/2023 on behalf of Mill Road Capital III, L.P. /s/ Justin C. Jacobs, Management Committee 05/22/2023 Director on behalf of Mill Road Capital III GP LLC /s/ Justin C. Jacobs, Management Committee Director of sole general partner 05/22/2023 on behalf of Mill Road Capital <u>II, L.P.</u> /s/ Justin C. Jacobs, **Management Committee** 05/22/2023 Director on behalf of Mill Road Capital II GP LLC /s/ Justin C. Jacobs on behalf of Thomas E. Lynch by power 05/22/2023 of attorney

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.