FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 200

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OMB APPR	DVAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

	(=)-								e Investme										
1. Name and Address of Reporting Person* Mill Road Capital III, L.P.				2. Is:	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol NOODLES & Co [NDLS]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director						
(Last) (First) (Middle) 382 GREENWICH AVENUE SUITE ONE					03/0	3. Date of Earliest Transaction (Month/Day/Year) 03/09/2023													
(Street) GREENWICH CT 06830					4. 11	If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Form filed by More than One Reporting Person						
(City) (State) (Zip)																			
		Tal	ole I - Noi	n-Deriv	/ative	Se	curit	ies A	cquired	Dis	posed	of, or I	Benefi	cially	Owned				
1. Title of Security (Instr. 3)			2. Trans Date (Month/l	saction /Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Dispose Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4			Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Closs A C	Common St	ock, \$0.01 par v	alua			+			Code	V	Amount	(A (D	Pr	ice	(Instr. 3 at	nd 4)) (1)	
		ock, \$0.01 par v													4,699	<u>* </u>		ı	See footnote ⁽²⁾
Class A (Common Sto	ock, \$0.01 par v	alue											22,3	386			See footnote ⁽³⁾	
		,	Table II -						quired, [s, optio						Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date,	4. Transaci Code (In B)		of Deri Seci Acq (A) o Disp of (E	osed 0) tr. 3, 4	6. Date Ex Expiration (Month/Da	Date		7. Title and Amour of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5) Security Owned Follow Report Transa (Instr. 4)		re es ally g	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		cpiration ate	Title	Amor or Numl of Sh	oer					
Put Option (obligation to buy)	\$5	03/09/2023			S			143	03/09/202	3 10)/20/2023	Class A Commo Stock		300	\$65.03	143	3	D ⁽¹⁾	
Put Option (obligation to buy)	\$5	03/09/2023			S			657	03/09/202	3 11	/17/2023	Class A Commo Stock		700	\$67	657	7	D ⁽¹⁾	
Put Option (obligation to buy)	\$7.5	03/09/2023			S			1,200	03/09/202	3 11	/17/2023	Class A Commo Stock		000	\$225.03	1,20	00	D ⁽¹⁾	
Put Option (obligation to buy)	\$5	03/10/2023			S			700	03/10/202	3 11	/17/2023	Class A Commo Stock		000	\$72.14	700)	D ⁽¹⁾	
Put Option (obligation to buy)	\$7.5	03/10/2023			S			300	03/10/202	3 11	/17/2023	Class A Commo Stock		000	\$239.3	300)	D ⁽¹⁾	
Put Option (obligation to buy)	\$5	03/13/2023			S			18	03/13/202	3 10)/20/2023	Class A Commo Stock		00	\$80.06	18		D ⁽¹⁾	
Put Option (obligation to buy)	\$7.5	03/13/2023			S			195	03/13/202	3 10	0/20/2023	Class A Commo Stock		500	\$255.03	195	5	D ⁽¹⁾	
Put Option (obligation to buy)	\$5	03/13/2023			S			3,682	03/13/202	3 11	/17/2023	Class A Commo Stock		200	\$82.99	3,68	32	D ⁽¹⁾	
Put Option (obligation to buy)	\$7.5	03/13/2023			S			1,305	03/13/202	3 11	/17/2023	Class A Commo Stock		500	\$259.63	1,30)5	D ⁽¹⁾	
1. Name ar	nd Address of	Reporting Person				П													

Name and Address of Reporting Person								
Mill Road Capital III, L.P.								
(1 1)								
(Last)	(First)	(Middle)						
382 GREENWICH AVENUE								
SUITE ONE								

(Street) GREENWICH	CT	06830
(City)	(State)	(Zip)
Name and Address of Mill Road Capi		
(Last) 382 GREENWICH SUITE ONE	(First) AVENUE	(Middle)
(Street) GREENWICH	CT	06830
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Name and Address of Mill Road Capi		
(Last) 382 GREENWICH SUITE ONE	(First) AVENUE	(Middle)
(Street) GREENWICH	CT	06830
(City)	(State)	(Zip)
1. Name and Address of LYNCH THOM		
(Last) 382 GREENWICH SUITE ONE	(First) AVENUE	(Middle)
(Street) GREENWICH	СТ	06830
(City)	(State)	(Zip)

Explanation of Responses:

- 1. The shares reported are directly held by Mill Road Capital III, L.P. ("Fund III"). Mr. Lynch is a management committee director of Mill Road Capital III GP LLC, which is the sole general partner of Fund III and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of Fund III. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- 2. The shares reported are directly held by Mill Road Capital II, L.P. (the "Fund"). Mill Road Capital II GP LLC (the "GP") is the sole general partner of the Fund and has sole authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of the Fund. Mr. Lynch is a management committee director of the GP and has shared authority to vote (or direct the vote of), and to dispose (or direct the disposal) of, these shares on behalf of the GP. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.
- 3. Represents restricted stock units (or shares issued upon the vesting thereof) granted by the issuer as director compensation, in which the Reporting Persons may have an indirect pecuniary interest. Mill Road Capital Management, LLC, an affiliate of the Reporting Persons that does not have Section 13(d) beneficial ownership of any securities of the issuer, has the right to receive the economic benefit of the reported shares pursuant to a contractual obligation with the holder of such shares. Each of the Reporting Persons disclaims beneficial ownership of such shares except to the extent of his or its pecuniary interest therein, if any.

Remarks:

/s/ Justin C. Jacobs,
Management Committee
Director of sole general partner
on behalf of Mill Road Capital
III, L.P.
/s/ Justin C. Jacobs,
Management Committee
Director on behalf of Mill Road
Capital III GP LLC
/s/ Justin C. Jacobs,
Management Committee
Director on behalf of Mill Road
Capital III GP LLC
/s/ Justin C. Jacobs,
Management Committee

<u>Director of sole general partner</u> on behalf of Mill Road Capital

II, L.P.

/s/ Justin C. Jacobs,
Management Committee

Director on behalf of Mill Road

Consider H. Charles

Capital II GP LLC

/s/ Justin C. Jacobs on behalf of

Thomas E. Lynch by power of 03/13/2023

attorney

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.