FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL					
l	OMB Number:	3235-0287					
l	Estimated average burde	en					
l	hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address o	f Reporting Person [*]	2. Issuer Name and Ticker or Trading Symbol NOODLES & Co [NDLS]									elationship o ck all applio Directo	cable)	g Pers	son(s) to Iss				
			3. [Date of Earliest Transaction (Month/Day/Year)								- X	Officer	Officer (give title below)		Other (s			
						05/13/2014										EVP of Operations			
(Street) BROOMFIELD CO 80021					4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
BROOM	FIELD C		80021											Form filed by More than One Reporting					
(City) (State) (Zip)														Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Da			Code (I				4 and Securitie Benefici		es For ally (D) Following (I) (: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										v	Amount	(A) or (D)		Price	Transact (Instr. 3 a	tion(s)			(111501. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	ate, Ti	4. Transaction Code (Instr. 8)				6. Date Exc Expiration (Month/Da	Date		7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		urity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transaction (Instr. 4)	s Silly	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
				С	code	v	(A)	(D)	Date Exercisabl		expiration Date	Title	or Nu of	nount mber ares					
Stock Option (Right to Buy)	\$31.53	05/13/2014			A		11,000		(1)	0	5/13/2024	Class A Common Stock	11	,000,	\$0	11,000	0	D	

Explanation of Responses:

1. These options vest 25% per year beginning one year after the transaction date.

Remarks:

/s/ Paul Strasen, attorney in fact 05/15/2014

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.